

June

RICHARD MONTGOMERY HS GIRLS SUMMER WORKOUT SCHEDULE

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 10-11:30 AM	23	24 10-11:30 AM	25	26
27	28 2:30-4 PM	29	30 2:30-4 PM			
MEET IN	DANCE 	STUDIO	COACH JENNIFER HOFFMANN 240-793-2870			

2010

July

RMHS GIRLS SUMMER WORKOUT SCHEDULE

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3
4	5	6 4:30-6 PM	7	8	9 10-11:30 AM	10
11	12	13 10-11:30 AM	14	15 10-11:30 AM	16	17
18	19	20	21	22	23	24
25	26	27 2:30-4 PM	28	29 2:30-4 PM	30	31
						

2010

RMHS GIRLS SUMMER WORKOUT SCHEDULE

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 10-11:30 AM	4	5 10-11:30 AM	6	7
8	9 2:30 - 4 PM	10	11 2:30 - 4 PM	12	13	14 FALL SPORTS FIRST DAY OF TRYOUTS
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29 	30	31 				

2010